Get the book Suicide Prevention Step Back from the Abyss A Self Help Memoir

Ordering the book Suicide Prevention Step Back from the Abyss A Self Help Memoir allows you to have access to this clearly written self-help book, especially with new research on suicidal behaviors. With this book, you can understand the complexity of suicide and how to prevent it effectively.

Suicide Science

Improving Care to Prevent Suicide Among People with Serious Mental Illness

The book provides a comprehensive overview of the latest research on suicide prevention, including effective treatments for depression, anxiety, schizophrenia, bipolar disorder, and other mental health conditions. The book also includes case studies and strategies for engaging patients in treatment, and it addresses the need to reduce stigma and promote mental health awareness.

Cognitive Behavioral Therapy for Suicide Prevention

The research on suicide prevention is extensive, but the evidence is not always clear-cut. Many studies have found that cognitive behavioral therapy (CBT) is effective at reducing the risk of suicide, but some studies have shown mixed results. The book offers an in-depth look at the evidence for CBT, as well as other promising therapies for suicide prevention.

Life After Suicide

The book includes chapters on grief, the experience of bereavement, and the challenges of surviving after a loved one's suicide. It also includes a discussion of the role of religion and spirituality in coping with loss.

Suicide Prevention in Schools

Finally, the book offers practical guidance for schools and communities on how to prevent suicide. It includes strategies for creating a safe and supportive school environment, identifying at-risk students, and responding to suicidal crises.

Each chapter of the book provides detailed information and guidance, making it a valuable resource for anyone who wants to learn more about suicide prevention. Whether you are a mental health professional, a caregiver, or simply someone who is concerned about suicide, this book offers valuable insights and practical advice to help prevent suicide.

干预计划和自杀预防培训。这本书强调了第一步也是最重要的一步，即意识问题。它希望新的版本能提供额外的资源来帮助提高意识和准确度，并强调其重要性。这本书的作者解释了自杀干预程序和危机管理的指导，以及患者的自杀标记系统。这本书包括一些实例，如自杀干预，和17个考点的模板，如问题，和一些其他资源。这些材料的格式便于打印，购买者还可以访问一个网页，下载并打印可复制的材料。

On Becoming Human: A Memoir

Lynne Stewart 2013-08

Lynne的自传带我们从她混乱和残酷的童年家庭生活，到后来的不合逻辑的诊断和治疗，到作为心理健康客户的一个时期。这本书详细记录了她的生活，从她的童年到她与心理健康系统互动的方式。

Diane Anderson-Minshall 2009-10

Diane Anderson-Minshall的《死亡，不言而喻》这本书通过一个关于自杀的视频，捕捉了一个值得杀害的故事。当Jeff Conant，旧金山 Frameline 电影节的新执行总监，从金门大桥上跳下时，他被认为是又一个统计数据——成千上万从这座地标性建筑自杀的人之一。但是，Jeff也是记者Velvet Erickson的好朋友，他拒绝接受官方的自杀解释。他决定展开调查，揭开这个谜团。

The Oxford Textbook of Suicideology and New Preventative Strategies

Kalman J. Kaplan 2017-11

Kalman J. Kaplan和Paul Cantz提出了一种以圣经叙事为基础的自杀预防新方法，旨在克服那些可能导致自杀的模式。这种叙事是基于圣经的，设计用于影响那些自杀倾向的人，以预防自杀。他们认为，通过这种叙事，可以帮助那些即将自杀的人找到希望和方向。他们通过金门大桥跳水的事件来说明这一点，这是一个引人深思的问题，也是对生命的尊重和对未来的希望的体现。