Thinking in Pictures

The autism spectrum is a range of conditions that affect how a person thinks, feels, and interacts with others. People on the spectrum have unique strengths and challenges in areas like social interaction, communication, and repetitive behavior. The ability to think in pictures, or to visualize images in one's mind, is a common characteristic of some people on the spectrum.

Thinking in Pictures: Temple Grandin

Grandin writes about her own experiences growing up on a farm in the 1950s and 1960s, and how she learned to communicate with animals through the language of their bodies. She describes how she felt isolated and different from her peers, and how she struggled to fit in despite her unique talents.

Grandin also discusses her career as an inventor and consultant for the livestock industry, and how her ideas have helped improve the welfare of animals. She provides practical advice for anyone working with animals, and emphasizes the importance of understanding their perspective.

Thinking in Pictures: John Higashida

Higashida writes about his experiences growing up on an American Methodist mission in Japan, and how he learned to communicate with his father through pictures. He describes how his ability to think in pictures helped him navigate the challenges of autism and its social isolation.

Higashida also discusses his work as an advocate for people with autism, and how he has helped families understand and cope with the difficulties their loved ones face. He stresses the importance of early intervention and support, and encourages parents to look for signs of autism in their children.

Thinking in Pictures: Expanded Edition

Grandin offers helpful do’s and don’ts, practical strategies, and try-it-now tips, all based on her “insider” perspective and a blend of research and personal experience.

Thinking in Pictures: John Higashida

Higashida’s unique perspective as an autistic person who communicates through drawing offers a valuable insight into autism and its challenges.

- Temple Grandin 2011
- Naoki Higashida 2013-08-27

Thinking in Pictures: Expanded Edition

Grandin offers helpful do’s and don’ts, practical strategies, and try-it-now tips, all based on her “insider” perspective and a blend of research and personal experience.

Naming of Nature

The Girl Who Thought in Pictures

Introducing a groundbreaking model which analyzes people based on their patterns of thought, Grandin “charts the differences between her life and the lives of those with autism in the way a map charts the differences between a mountain range and a flat desert.”

- Temple Grandin 2020-11-06

The book offers invaluable insight into autism and its challenges.

- Temple Grandin 2011

Grandin offers helpful do’s and don’ts, practical strategies, and try-it-now tips, all based on her “insider” perspective and a blend of research and personal experience.

Navigating Autism: 9 Mindsets For Helping Kids on the Spectrum

Therapists; parents; and anyone interacting with autistic children or teens. Readers will come away with new, empowering mindsets they can apply to develop the full potential of every child.

- Temple Grandin 2021-09-21

Empowering strategies for anyone who works with children and

- Niloofar Rahmani 2021-07-06

As a young Afghan woman who dreamed of becoming an air force pilot, Niloofar Rahmani confronted far more than just sexism and discrimination.

- David Mitchell 2015-01-09

He does this by talking about the nature of being and the nature of language, and how the two are interrelated. His book is a fascinating exploration of how language shapes our understanding of the world, and how the world shapes our language.

- B.C. Dewdney 2009-10-09

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Succeeding with Autism - Judith Cohen 2005-03-15

Michael is a young man who has succeeded in managing his autism and is experiencing success in life despite a diagnosis that might have predicted only disability and despair. He did not talk in early childhood and displayed the classic traits of a severely autistic child, but he has broken out of his silence to help others to learn from his insights and experiences. An explosion of newly diagnosed cases of autism has resulted in a keen interest in stories of autistic individuals, and many people are touched by knowing a family with an autistic child. This unique book reveals a silent world through the voice of an insightful, articulate young adult with autism. The book also gives perspectives from Michael’s family, friends and the professionals who have known him from diagnosis in early childhood through to adult, independent life. After each chapter, the author presents “Reflections” that highlight the key issues pertinent to autism and stage of development. Michael’s story is poignant and moving, and provides information and hope to families of autistic individuals and the professionals who work with them.

The Zones of Regulation - Lea M. Kuypers 2011

...a curriculum geared toward helping students gain skills in consciously regulating their actions, which in turn leads to increased control and problem solving abilities. Using a cognitive behavior approach, the curriculum’s learning activities are designed to help students recognize when they are in different states called “zones,” with each of four zones represented by a different color. In the activities, students also learn how to use strategies or tools to stay in a zone or move from one to another. Students explore calming techniques, cognitive strategies, and sensory supports so they will have a toolbox of methods to use to move between zones. To deepen students’ understanding of how to self-regulate, the lessons also teach students how to read others’ facial expressions and recognize a broader range of emotions, perspectives about how others see and react to their behavior, insight into events that trigger their less regulated states, and ways to see and deal with and problem solving skills. The curriculum’s learning activities are presented in 18 lessons. To maximize the curriculum’s flexibility, each lesson includes probing questions to discuss and instructions for one or more learning activities. Many lessons also include extension activities and ways to adapt the curriculum for individual student needs. The curriculum also includes worksheets, other handouts, and visuals to display and share. These can be photocopied from this book or produced from the accompanying CD-ROM that comes with the curriculum.